

The name of the game or the mode of SURVIVAL	What you see or visible traits. Outside BEHAVIOR	What you don't see or the inside story. FEELINGS	What he/she REPRESENTS to the family and why they play along	As an adult WITHOUT HELP this is very possible	As an adult WITH HELP this is also very possible
FAMILY HERO – SUPER KID	The little mother, the little man of the family. ALWAYS does what's right, over achiever, over responsible, needs everyones approval NOT MUCH FUN	Hurt, inadequate, confusion, guilt, fear, low self esteem progressive disease so never can do enough	Provides self worth to the family, someone to be proud of	Workaholic, never wrong, marry a dependent, need to manipulate, compulsive, can't say no, can't fail	To accept failure, to be able to relax, to make good executives, be responsible ONLY for self , ok to say no
SCAPEGOAT- PROBLEM KID	Hostility & defiance, withdrawn and sullen, gets negative attention won't compete, TROUBLE maker	Hurt and abandoned anger and rejection feels totally inadequate and no/low self worth	Takes the focus, takes the heat,	Alcoholic or addict, unplanned pregnancy, cops or prison, TROUBLE	Recovery, has courage, good under pressure, can see reality, can help others no trouble
LOST CHILD	Loner, day dreamer, solitary rewards i.e. food, withdrawn, drifts & floats thru life, not missed for days, quiet, shy and ignored	Unimportant, not allowed to have feelings, loneliness, hurt & abandoned, defeated & given up FEAR	Refief at least one kid not to worry about	Indecisive, no zest, no fun, stays the same alone or promiscuous CANT SAY NO	Independent Talented & creative, imaginative, assertive and resourceful
MASCOT – CLOWN	Super cute, immature, and anything for a laugh or attention, fragile and needful of protection, hyper active, short attention span, learning disabilities, anxious	Low self esteem, terror lonely, inadequate and unimportant	Comic relief, fun and humor	Compulsive clown, lampshade on head, etc. Can't handle stress, marry a hero, always on verge of hysterics	Charming host and person, good company, quick wit, good sense of humor, independent and helpful